Rangers Nation,

Thank you for the wonderful support and energy everyone brought to last week's games. It is hard to believe we are down to the last regular season game of the year. The season has just flown by. Our varsity is in the hunt for a playoff berth and we know it will take a win this week and some help from another Leander ISD school against Round Rock. The players are aware of the stakes at hand, and we will need them here on time for practices this week. Let's be sure to be locked in on all the little details that are required to beat Westwood. Please see the agenda and game times below

Let's have a great week!

Beat the Warriors!

Thursday Games:

9th Black *Westwood only has one 9th grade team so we will be consolidating our 9th grade teams this week for the 9th Red Game

5:30pm 9th Red vs Westwood @ Westwood HS, 9th <u>Ticket Link</u>
6:00pm JV Red vs Westwood @ Ranger Std, Ticket sales available online (LISD Athletics) at 10 am on Monday

Friday Game:

7:00pm VAR vs Westwood @ Kelly Reeves Std, VAR Ticket Link

*We would like to invite our JV players to attend this week's varsity game on Friday. This is another big game against Westwood with playoff implications. We would like for them to be a part of it on the sideline in their game jersey and help provide that same energy they brought last week.

This week's practice times are listed below in the week's agenda.

Blessings on your week.

Go Rangers!!!

Coach Scott & Staff

Player Game Day Meals:

Player game day meals are live and can be ordered. Here are the game day meal links for the season for Jason's Deli. If you would like to take advantage of this game day meal option, please click the appropriate link below. Please remember Jason's Deli requires that the orders be placed 24 hours in advance. *Orders are due by 3:00pm the day before the game.

9th - https://gameday.jasonsdeli.com/app/events/RNU97DATVP

JV - https://gameday.jasonsdeli.com/app/events/5MVZJ7R4AH

Varsity - https://gameday.jasonsdeli.com/app/events/29P7H96KAD

For game day meal questions please email Coach Hinson who oversees this. Jake. Hinson@leanderisd.org

Volunteers Needs for the Upcoming Weeks:

Below you will find the sign-up genius links to many of our various events this week and next week. We appreciate your help and dedication to your son's football program.

This Week's Volunteer help needed:

- 11/6 JV Concessions Sign Up Here
- 11/6 JV Chains Crew Sign Up Here
- 11/6 Varsity Team Dinner: Decorating/Set Up/Serving/or Desserts Sign Up Here

Varsity Team Dinners (Varsity Only Event):

Varsity Team Dinners for 2025 Season:

For our varsity team dinners, we collect \$5 from each varsity player to help offset the costs of the team dinner. Please click this link https://pci.jotform.com/form/232057638763160 to pay for your son's full season of varsity team dinners. These dinners occur the day before the varsity football game and are a player favorite. If you have any questions or would like to sponsor a varsity team meal, please email vistaridgevarsitymeals@gmail.com

Team Communication App

*This season we will continue to utilize a team app for our team communication and announcements. (sportsYou app) This app will give access to parent/player weekly agendas and team information for parents/guardians/& players. Attached is a link to details of how to join either on a device or through your desktop computer.

sportsYou Code: 5YZMMH22

Football Weekly Agenda (11-3), vs Westwood HS

Monday 11/3 4 Point Neck

(OL Locker Room/Cafeteria)

No School/Teacher Inservice

5:20am JV/VAR Players Report

5:40am Team Meeting (5 Min)

5:45am JV/VAR Scouting Report (10 Min)

6:00am JV/VAR Full Pads Practice & Special Teams (Turf) - Full Pads

8:00am JV/VAR Parent Pick Up

9th No Practice – 9th Graders are Off until Tuesday

- 3:00pm VAR Report*JV Optional
- 3:05pm VAR Special Teams Scouting Report
- 3:15pm VAR Mandatory Weights & Film Study *JV Optional
- 4:30pm VAR Parent Pick Up

Tuesday 11/4

(DL Locker Room/Cafeteria)

No School/Teacher Inservice

- 9:10am JV/VAR Players Report
- 9:30am JV/VAR Full Pads Practice & Special Teams (Turf) Full Pads, VAR Film Study After Practice

11:15am 9th Report

11:45am JV/VAR Parent Pick Up

11:30am 9th Weights & Practice

1:10pm 9th Parent Pick Up

Wednesday (Toughness)

(LB/H/TB/QB Locker Room)

*Sub-Varsity Game Day Sandwich Deadline Orders Due by 3pm

7:15am 9th grade Players Report

7:30am 9th Practice & Special Teams (Turf) – Full Pads

Athletic Period:

9th AP: Continue Practice/Study Hall, Ranger Time: Large Study Hall

VAR - Weights / FB Shell – (Turf)

JV - FB Special Teams/Team (Turf) / Weights

Study Hall – Large Study Hall

After School:

Pre-Practice: Punt Block

4:05pm JV/VAR Shell Practice & ST (PAT/FG) (Turf), Winning Edge,

Post Pract: Specialties, JV Helmet Ck & Jerseys

Thursday (Relentless Effort)

(DB/Sams Locker Room/Cafeteria)

8:00am 9th Report

8:15am Game Day Walk Throughs (Turf)/Equipment Cks/Jerseys

Athletic Period:

9th - continue practice, RT: Study Hall

JV – Equipment Ck/Game Day Walk Throughs (Grass)/Jerseys

VAR – Specialties/Pregame Routine/Play the Game Script (Turf)

Study Hall – Large SH

*Varsity Letter Jacket – Order Form Collections & Sizing – Small Study Hall 2:00pm – 4:00pm

*Varsity Letter Jacket 2nd Fitting and Order Form Collection, Herff Jones will be on site Thursday. *All varsity seniors are eligible as well as any varsity underclassmen that has played a down of varsity play this season. *If players have questions regarding varsity letter jacket eligibility, please see Coach Scott or Coach Thompson.

After School:

4:05pm VAR Team Meeting (Lecture Hall), Teacher Letters, Game Goals OFF/DEF

VAR Team Meal – Study Hall, Birthdays, Support Sub-Varsities

9th Black *Westwood only has one 9th grade team so we will be consolidating our 9th grade teams this week for the 9th Red Game

5:30pm 9th Red vs Westwood @ Westwood HS, 9th Ticket Link

6:00pm JV Red vs Westwood @ Ranger Std, Ticket sales available online (LISD Athletics) at 10 am on Monday

Friday (Payday)

(WR Locker Room/Cafeteria)

Before School - PEP RALLY - Black Light

7:40am VAR Players report

7:45am Varsity Pack Travel Bags/Load Trailer

8:00am 9th Report

Athletic Period

9th AP: Red & Black Teams Film Study

9th Study Hall: Cafeteria, Ranger Time – Study Hall

JV: Hard Hat Ceremony/Stretch/Weights/Film Study/Clean Locker Room/Jersey Hang Ups

VAR: Velo Lift/ST Meeting/Off. Walk Through/Def. Equipment Clean & Nutrition (Then Switch)

V/JV SH – Study Hall

After School

*See Game Day Agenda

Saturday *No Practice – Players off