

Rangers Nation,

As I reflect on the bye week and where we are at this point in the season, I wanted to take a moment to acknowledge the countless hours of hard work, preparation, and dedication that our players have put in. The early mornings, intense practices, film study, and challenging weight room sessions have helped shape who we are as a team and our culture. Sometimes these things go unnoticed, but our staff and all of Ranger Nation are proud of you guys and your commitment to this program and our core values. As we push forward to the remainder of the season, I hope this bye week has helped you recharge as we prepare for our next district opponent. Beat the Mavericks! Below I have also added a snapshot of the next few weeks to help everyone plan during the Fall Break. Please see the snapshot below this week's agenda.

On another note, we will be consolidating the JVs again this week and the next. We unfortunately have some injuries at key spots, and we have lost some players to grades on our JV teams. Our goal is to get some guys healthy over the next two weeks and for guys to regain eligibility at the next progress report time.

Thursday Games:

5:00pm 9th Black vs McNeil @ McNeil HS Std, [Online Tickets Link](#)

7:00pm 9th Red vs McNeil @ McNeil HS Std, [Online Tickets Link](#)

6:00pm JV Red vs McNeil @ Ranger Std, Ticket sales available online (LISD Athletics) at 10 am on Monday.

*Please note that we have been forced to consolidate into one JV team for the next two weeks due to injuries sustained and some guys becoming academically ineligible.

Friday Game:

7:00pm VAR vs McNeil @ Kelly Reeves, [Online Tickets Link](#)

This week's practice times are listed below in the week's agenda.

Blessings on your week.

Go Rangers!!!

Coach Scott & Staff

Player Game Day Meals:

Player game day meals are live and can be ordered. Here are the game day meal links for the season for Jason's Deli. If you would like to take advantage of this game day meal option, please click the appropriate link below. Please remember Jason's Deli requires that the orders be placed 24 hours in advance. ***Orders are due by 3:00pm the day before the game.**

9th - <https://gameday.jasonsdeli.com/app/events/RNU97DATVP>

JV - <https://gameday.jasonsdeli.com/app/events/5MVZJ7R4AH>

Varsity - <https://gameday.jasonsdeli.com/app/events/29P7H96KAD>

For game day meal questions please email Coach Hinson who oversees this. Jake.Hinson@leanderisd.org

Volunteers Needs for the Upcoming Weeks:

Below you will find the sign-up genius links to many of our various events this week and next week. We appreciate your help and dedication to your son's football program.

This Week's Volunteer help needed:

- **10/9 JV Concessions** *Please note that there will only be one JV game starting at 6pm
[Sign Up Here](#)
- **10/9 JV Chains Crew** *Please note that there will be only one JV game starting at 6pm
[Sign Up Here](#)
- **10/6 Varsity Locker Room: Varsity Locker Snack Bag Donations** [Sign Up Here](#)
- **10/9 Varsity Team Dinner: Decorating/Set Up/Serving/or Desserts** [Sign Up Here](#)

Upcoming Volunteer help needed:

- **10/16 Freshman Concessions**
[Sign Up Here](#)
- **10/16 Freshman Chains Crew**
[Sign Up Here](#)
- **10/16 Varsity Game Merchandise**
[Sign Up Here](#)
- **10/26 Coaches Weekend Game Planning Working Lunch** – Signing up for a meal allows our coaching staff to have a working lunch and finish game planning in a reasonable time to get home to our families. We are thankful for any meal that you are able to provide. Our game planning sessions may be either Saturdays or Sundays depending on the week. A special thank you from our coaching staff and families. [Sign Up Here](#)

Varsity Team Dinners (Varsity Only Event):

Varsity Team Dinners for 2025 Season:

For our varsity team dinners, we collect \$5 from each varsity player to help offset the costs of the team dinner. Please click this link <https://pci.jotform.com/form/232057638763160> to pay for your son's full season of varsity team dinners. These dinners occur the day before the varsity football game and are a player favorite. If you have any questions or would like to sponsor a varsity team meal, please email vistaridgevarsitymeals@gmail.com

Planning Ahead for Homecoming

This year's homecoming game is set for Friday, October 17th against Cedar Ridge HS. The Homecoming Parade is time honored tradition at Vista Ridge HS. The parade day has been adjusted from its normal Wednesday to Monday, October 13th due to a UIL Band event at Gupton on Wednesday as well as the Fall Break schedule. The VR Football team is responsible for obtaining vehicles for the school's royal court in the parade.

We now have all the vehicles we need for the homecoming court. Thank you to everyone who reached out to volunteer their vehicle and time. If you volunteered your vehicle I will be send you the parade agenda, the parade route, and waiver information this week

We Need Candy Bag Donations – If you are able. We are looking for candy bag donations for our Homecoming Parade on Monday 10/13. Candy will be distributed throughout the parade route. If you are able, please add a

bag to your grocery list this week. Players can drop bags off in the field house by the coach's office. Thank you for your support of this special community event.

Team Communication App

*This season we will continue to utilize a team app for our team communication and announcements. (**sportsYou app**) This app will give access to parent/player weekly agendas and team information for parents/guardians/& players. Attached is a [link to details of how to join either on a device or through your desktop computer](#).

sportsYou Code: **5YZMMH22**

Football Weekly Agenda (10-6), vs McNeil HS

Monday (Family)

(OL Locker Room/Cafeteria)

Before School:

5:20am JV/VAR Players Report

5:35am JV/VAR Team Meeting, OFF/DEF Scouting Report (15 Min)

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:15am 9th Report

7:30am 9th Weights, Practice

Athletic Period:

9th - continue practice, RT: Large Study Hall

VAR - Weights / FB – Shell (Turf)

JV - FB Special Teams/Team (Turf) / Weights

Study Hall – Large SH

After School:

3:45pm VAR Special Teams SR Meeting (Small SH)

3:55pm VAR Position Meetings/Film Study, 4:30pm End

Tuesday (Character)

(DL Locker Room/Cafeteria)

Before School:

5:30am JV/VAR Players Report

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:15am 9th Report

7:30am 9th Practice

Athletic Period:

9th - continue practice, RT: Study Hall, Academic Check In

JV/VAR – Pract. FB & Special Teams - Shell (Turf)

Study Hall – Large SH

After School:

3:50pm VAR Position Meetings/Film Study, Academic Check In, 4:30pm End

Wednesday (Toughness)

(LB/H/TB/QB Locker Room/Cafeteria)

*Sub-Varsity Game Day Sandwich Deadline Orders Due by 3:00pm

Before School:

7:15am 9th Report

7:30am 9th Weights / Practice

Athletic Period:

9th - continue practice, RT: Study Hall

VAR - Weights / FB - Shell (Turf)

JV - FB Team & ST (Turf) / Weights

Study Hall – Large SH

After School:

4:05pm JV/VAR Shell Practice & ST, Winning Edge

Post Pract: Specialties, JV Equipment Ck & Jersey Issue

Thursday (Relentless Effort)

(DB/Sams Locker Room/Cafeteria)

*Varsity Game Day Sandwich Deadline Orders Due by 3:00pm

8:00am 9th Report

8:15am 9th Game Day Walk Throughs (Turf)/Equipment Cks/Jersey Issue

Athletic Period:

9th - continue practice, RT: Study Hall

JV – Game Day Walk Throughs (Grass)/Equipment Issues

VAR – Specialties/Game Day Pregame Routine/Play the Game Script (Turf)

Study Hall – Large SH

After School:

4:05pm VAR Team Meeting (Lecture Hall), Teacher Letters, Game Goals OFF/DEF

VAR Team Meal, \$5 Please click this link <https://pci.jotform.com/form/232057638763160> to pay for your son's full season of varsity team dinners. Study Hall, Birthdays, Support Sub-Varsities

5:00pm 9th Black vs McNeil @ McNeil HS Std, [Online Tickets Link](#)

7:00pm 9th Red vs McNeil @ McNeil HS Std, [Online Tickets Link](#)

6:00pm JV Red vs McNeil @ Ranger Std, Ticket sales available online (LISD Athletics) at 10 am on Monday.

*Please note that we have been forced to consolidate into one JV team for the next two weeks due to injuries sustained and some guys becoming academically ineligible.

Friday (Payday)

(WR Locker Room/Cafeteria)

Before School

7:45am Varsity Report & Pack Travel Bags/Load Trailer

8:00am 9th Report

Athletic Period

9th AP: Weights & Film Study

9th Study Hall: Cafeteria

Ranger Time – Study Hall

JV: Hard Hat Ceremony/Stretch/Weights/Film Study/Clean Locker Room/Jersey Hang Ups

VAR: Velo. Lift/ST Meeting/Off. Walk Through/Def. Nutrition & Clean Locker Room

V/JV SH – Large SH

After School

*See Game Day Agenda

Saturday

Player Treatments – 9 am

Players Off – No Practice

CRHS Game Week with Fall Break Days (Snapshot)

Monday

(OL Locker Room/Cafeteria)

Before School:

5:20am JV/VAR Players Report

5:35am JV/VAR Team Meeting, OFF/DEF Scouting Report (10 Min)

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:30am 9th Report

7:45am 9th Weights, Practice

Athletic Period:

9th - continue practice, RT: Large Study Hall

VAR - Weights / FB Shell – (Turf), Jerseys Handed Out for Parade

JV - FB Special Teams/Team (Turf)/Weights & Jerseys Handed Out for Parade

Study Hall – Large Study Hall

After School:

3:45pm VAR Special Teams SR Meeting (Small SH)

3:55pm VAR Team Meeting then Position Meetings/Film Study, 4:30pm End

****Homecoming Parade****

5:00pm 9th/JV/VAR Report to VRHS for Homecoming Parade Prep.

6:00pm Start of Parade

6:45pm Pep Rally at Gupton, Fireworks immediately following the Pep Rally

*Players will walk back from Gupton to turn in their jerseys, Parent Pick Up (You may want to ask your athlete to walk to HMS to be picked up as traffic will be pretty heavy)

Tuesday (Character)

(DL Locker Room/Cafeteria)

Before School:

5:30am JV/VAR Players Report

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:30am 9th Report

7:45am 9th Practice

Athletic Period:

9th - continue practice, RT: Study Hall

JV/VAR – Pract. FB & Special Teams Shell – Turf

Study Hall – Large SH

After School:

3:45pm VAR Position Meetings/Film Study, 4:30pm End

Wednesday (Toughness)

(LB/H/TB/QB Locker Room)

*Sub-Varsity Game Day Sandwich Deadline Orders Due by 3pm

7:15am 9th grade Players Report

7:30am Weights / 9th Practice (Turf) – Full Pads

Athletic Period:

9th AP: Continue Practice/Study Hall, Ranger Time: Large Study Hall

VAR - Weights / FB – Shell – (Turf)

JV - FB Special Teams/Team (Turf) /Weights

Study Hall – Large Study Hall

After School:

Pre-Practice: Punt Block

4:05pm JV/VAR Shell Practice & ST (Turf), Winning Edge

Post Pract: Specialties, JV Equipment Ck & Jerseys

Thursday (Relentless Effort)

(DB/Sams Locker Room/Cafeteria/Door)

School Holiday – No School 10/16:

8:30am VAR Report

9:00am VAR – Specialties/Pregame Routine/Play the Game Script (Turf)

10:20am VAR Team Meeting (Small SH or LH), Game Goals OFF/DEF

10:45am VAR Team Breakfast – Study Hall, Birthdays, Support Sub-Varsities games that night

3:00pm 9th Black Team Arrive, Walk Throughs

Pre-game meals delivered at 3:15pm

JVs and 9th Red Arrive 3:35pm

*Normal Sub-varsity Game Day Operations

5:00pm 9th Black vs Cedar Ridge HS @ Ranger Stadium

7:00pm 9th Red vs Cedar Ridge HS @ Ranger Stadium

JV Black *JV Teams Consolidated

6:00pm JV Red vs Cedar Ridge @ Cedar Ridge HS Std

Friday (Payday)

(WR Locker Room/Cafeteria/Door)

School Holiday – No School 10/17

*No 9th/JV Practice - OFF

8:45am VAR Players report

9:00am VAR: Velo Lift/ST Meeting/Off. Walk Through/Def. Equipment Clean & Nutrition Load Bags & Trailer (Then Switch)

3:30pm VAR Arrive Game Day Routine and Prep

*See Game Day Agenda, 7:00pm Kick Off vs Cedar Ridge (Homecoming)

Saturday

Player Treatments – 9 am

Players Off – No Practice

Manor Game Week with Monday Fall Break (Snapshot)

Monday

(OL Locker Room/Cafeteria)

Student Holiday/Teacher Inservice 10/20:

9:00am JV/VAR Arrive

9:15am JV/VAR OFF/DEF Scouting Report (10 Min)

9:30am JV/VAR Full Pads Practice & Special Teams (Turf), Weights

Approx 11:50am JV/VAR Parent Pick Up

11:00am 9th Report

11:10am 9th Practice

12:30pm 9th Parent Pick Up