

Rangers Nation,

Thank you to everyone's support for the players and teams this past week. We are proud of the work all of our teams are putting in and we are seeing the improvements. This week we look to strap it up against Vandegrift. The game times and week's agenda are listed below.

**Thursday Games:**

5:00pm 9th Black vs Vandegrift @ Ranger Std, Ticket sales available online (LISD Athletics).

7:00pm 9th Red vs Vandegrift @ Ranger Std, Ticket sales available online (LISD Athletics).

5:00pm JV Black vs Vandegrift @ Monroe Std, Ticket sales available online (LISD Athletics).

7:00pm JV Red vs Vandegrift @ Monroe Std, Ticket sales available online (LISD Athletics).

**Friday Game:**

7:00pm VAR vs Vandegrift @ Gupton Stadium, [Online Tickets Link](#) Ticket sales available online (LISD Athletics) at 10 am Monday.

This week's practice times are listed below in the week's agenda. We need everyone to be in attendance and on time.

Blessings on your week.

Go Rangers!!!

Coach Scott & Staff

**Save the Date:**

Football Booster Club Meeting Wednesday, October 1<sup>st</sup>

Time: 6:00 pm

Location: Large Athletic Study Hall

**Player Game Day Meals:**

Player game day meals are live and can be ordered. Here are the game day meal links for the season for Jason's Deli. If you would like to take advantage of this game day meal option, please click the appropriate link below. Please remember Jason's Deli requires that the orders be placed 24 hours in advance. **\*Orders are due by 3:00pm the day before the game.**

9th - <https://gameday.jasonsdeli.com/app/events/RNU97DATVP>

JV - <https://gameday.jasonsdeli.com/app/events/5MVZJ7R4AH>

Varsity - <https://gameday.jasonsdeli.com/app/events/29P7H96KAD>

For game day meal questions please email Coach Hinson who oversees this. [Jake.Hinson@leanderisd.org](mailto:Jake.Hinson@leanderisd.org)

**Volunteers Needs for the Upcoming Weeks:**

We are asking parents to help serve a minimum of 2hrs throughout the season to help out. Below you will find the sign-up genius links to many of our various events this week and next week. We appreciate your help and dedication to your son's football program.

### **This Week's Volunteer help needed:**

- **9/25 Freshman Concessions**  
[Sign Up Here](#)
- **9/25 Freshman Chains Crew**  
[Sign Up Here](#)
- **9/26 Varsity Game Merchandise**  
[Sign Up Here](#)
- **9/25 Varsity Team Dinner: Decorating/Set Up/Serving/or Desserts** [Sign Up Here](#)

### **Upcoming Volunteer help needed:**

- **10/23 JV Concessions**  
[Sign Up Here](#)
- **10/23 JV Chains Crew**  
[Sign Up Here](#)
- **10/26 Coaches Weekend Game Planning Working Lunch** – Signing up for a meal allows our coaching staff to have a working lunch and finish game planning in a reasonable time to get home to our families. We are thankful for any meal that you are able to provide. Our game planning sessions may be either Saturdays or Sundays depending on the week. A special thank you from our coaching staff and families. [Sign Up Here](#)

## **Varsity Team Dinners (Varsity Only Event):**

### **Varsity Team Dinners for 2025 Season:**

For our varsity team dinners, we collect \$5 from each varsity player to help offset the costs of the team dinner. Please click this link <https://pci.jotform.com/form/232057638763160> to pay for your son's full season of varsity team dinners. These dinners occur the day before the varsity football game and are a player favorite. If you have any questions or would like to sponsor a varsity team meal, please email [vistaridgevarsitymeals@gmail.com](mailto:vistaridgevarsitymeals@gmail.com)

### **Planning Ahead for Homecoming (Jeeps/Broncos/Convertibles & Truck/Trailers)**

This year's homecoming game is set for Friday, October 17<sup>th</sup> against Cedar Ridge HS. The Homecoming Parade is time honored tradition at Vista Ridge HS. The parade day has been adjusted from its normal Wednesday to Monday, October 13<sup>th</sup> due to a UIL Band event at Gupton on Wednesday as well as the Fall Break schedule. The VR Football team is responsible for obtaining vehicles for the school's royal court in the parade. We need 8 vehicles for the court. Either Jeeps, Broncos, or Convertibles would be best for the parade. If you have one of these vehicles and would like to be a part of the parade vehicles, please email me. [Chad.Scott@leanderisd.org](mailto:Chad.Scott@leanderisd.org) I will send you the parade agenda, the parade route, and waiver information. We currently have 6 vehicles committed to the royal court and are in need of a couple more. If you are interested in volunteering your vehicle and time to drive in the parade please email me. We are also looking for trailers to decorate and carry varsity players in the parade. Please email me as well if you have a trailer we could use.

**\*Candy Bag Donations\*** – If you are able. We are looking for candy bag donations for our Homecoming Parade on Monday 10/13. Candy will be distributed throughout the parade route. If you are able, please add a bag to your grocery list this week. Players can drop bags off in the field house by the coach's office. Thank you for your support of this special community event.

## **Team Communication App**

\*This season we will continue to utilize a team app for our team communication and announcements. (**sportsYou app**) This app will give access to parent/player weekly agendas and team information for parents/guardians/& players. Attached is a [link to details of how to join either on a device or through your desktop computer](#).

sportsYou Code: **5YZMMH22**

## **Football Weekly Agenda (9-22), vs Vandegrift HS**

### **Monday 9/22 (Teacher/Staff PD/No School)**

(OL Locker Room/Cafeteria)

5:20am JV/VAR Players Report  
5:35am JV/VAR Team Meeting, OFF/DEF Scouting Report (15 Min)  
6:00am JV/VAR Full Pads Practice & Special Teams (Turf)  
8:10am JV/VAR Parent Pick Up  
12:00pm 9<sup>th</sup> Report  
12:15pm 9<sup>th</sup> Weights, Special Teams, Offense Practice  
1:25pm VAR Report for Mandatory Weights/Film Study \*JV Optional  
1:30pm VAR Weights/Film Study VAR Mandatory & \*JV Optional  
1:50pm 9<sup>th</sup> Parent Pick Up  
2:30pm VAR Parent Pick Up

### **Tuesday (Character)**

(DL Locker Room/Cafeteria)

#### **Before School:**

5:30am JV/VAR Players Report  
6:00am JV/VAR Full Pads Practice & Special Teams  
7:30am 9<sup>th</sup> Report  
7:45am 9<sup>th</sup> Practice

#### **Athletic Period:**

9<sup>th</sup> - continue practice, RT: Study Hall  
JV/VAR – Pract. FB & Special Teams Shell - Turf  
Study Hall – Large SH

#### **After School:**

3:45pm VAR Position Meetings/Film Study, 4:30pm End

### **Wednesday (Toughness)**

(LB/H/TB/QB Locker Room/Cafeteria)

\*Sub-Varsity Game Day Sandwich Deadline Orders Due by 3pm

7:30am 9<sup>th</sup> grade Players Report  
7:45am Weights / Practice (Turf) – Full Pads

#### **Athletic Period:**

9<sup>th</sup> AP: Continue Practice/Study Hall, Ranger Time: Large Study Hall  
VAR - Weights / FB Shell – Grass  
JV - FB Special Teams/Team - Grass / Weights  
Study Hall – Large Study Hall

#### **After School:**

JV/VAR Pre-Practice: Punt Block  
4:05pm JV/VAR Shell Practice & ST (PAT/FG) (Turf), Winning Edge  
Post Pract: Specialties, JV Equipment Ck & Jerseys

### **Thursday (Relentless Effort)**

(DB/Sams Locker Room/Cafeteria)

\*Varsity Game Day Sandwich Deadline Orders Due by 3:00pm

#### **Before School:**

8:00am 9<sup>th</sup> Report

**Athletic Period:**

9<sup>th</sup> – Practice Game Day Walk Throughs/Jerseys/Equipment Checks, RT: Study Hall  
VAR - Specialties/Play the Game Script/Walk Throughs (Turf)  
JV - Equipment Ck/Game Day Walk Throughs (Grass)/Jerseys  
Study Hall – Large Study Hall

**After School:**

4:05pm VAR Team Meeting (Lecture Hall), Teacher Letters, Game Goals OFF/DEF, Game Day Itinerary  
VAR Team Meal – \$5 Please click this link <https://pci.jotform.com/form/232057638763160> to pay for your son's full season of varsity team dinners.  
Study Hall, Birthdays, Support Sub-Varsities

**Sub-Varsity Games:**

5:00pm 9th Black vs Vandegrift @ Ranger Std, Ticket sales available online (LISD Athletics).  
7:00pm 9th Red vs Vandegrift @ Ranger Std, Ticket sales available online (LISD Athletics).  
5:00pm JV Black vs Vandegrift @ Monroe Std, Ticket sales available online (LISD Athletics).  
7:00pm JV Red vs Vandegrift @ Monroe Std, Ticket sales available online (LISD Athletics).

**Friday (Payday)**

(WR Locker Room/Cafeteria)

**Before School \*\*PEP RALLY\*\***

7:20am VAR Feeder Elementary School Visits  
7:45am VAR Report / Varsity Pack Travel Bags/Load Trailer  
8:00am 9<sup>th</sup> Players Report

**Athletic Period:**

9<sup>th</sup> AP: Red/Black Team Film Study, Jersey Hang Ups  
9<sup>th</sup> Study Hall: SH, RT: Study Hall  
JV: Meeting/Stretch/Weights/Film Study/Clean Locker Room  
VAR: Velo Lift/ST Meeting then Hard Hat Ceremony/Off. Walk Through/Def. Equipment Cks/Nutrition (Then Switch)  
Study Hall – Large SH

**After School**

\*See Varsity Game Day Agenda

**Saturday**

Players Off – No Practice

**\*\*\*Looking Ahead to BYE Week\*\*\*****Monday** BYE/Open Week**Before School:**

**\*No Practices Before School**

8:00am 9<sup>th</sup> Arrive - Weights/Yoga

**Athletic Period:**

9<sup>th</sup> - continue Weights/Yoga, RT: Study Hall  
VAR/JV – Weights/Game Film Study \*JV Travels with VAR  
JV/VAR Study Hall: Large Study Hall

**After School:**

**\*No Practices After School**