

Rangers Nation,

As I reflect on the bye week and where we are at this point in the season, I wanted to take a moment to acknowledge the countless hours of hard work, preparation, and dedication that our players have put in. The early mornings, intense practices, film study, and challenging weight room sessions have helped shape who we are as a team and our culture. Sometimes these things go unnoticed, but our staff and all of Ranger Nation are proud of you guys and your commitment to this program and our core values. As we push forward to the remainder of the season, I hope this bye week has helped you recharge as we prepare for our next district opponent. **Beat the Mavericks!**

Thursday Games:

5:00pm 9th Black vs McNeil @ Ranger Std, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

7:00pm 9th Red vs McNeil @ Ranger Std, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

6:00pm JV Red vs McNeil @ McNeil HS, [Online Tickets Link](#)

*Please note that we have been forced to consolidate into one JV team for the remainder of the 2024 season as a result of injuries sustained and some guys becoming academically ineligible.

Friday Game:

7:00pm VAR vs McNeil @ Gupton Stadium, Ticket sales available online (LISD Athletics) at 8 am Monday morning.

This week's practice times are listed below in the week's agenda.

Blessings on your week.

Go Rangers!!!

Coach Scott & Staff

Player Game Day Meals:

Player game day meals are live. Here are the game day meal links for the season for Jason's Deli. If you would like to take advantage of this game day meal option please click the appropriate link below. Please remember Jason's Deli requires that the orders be placed 24 hours in advance.

Varsity- <https://gameday.jasonsdeli.com/app/events/96CXN65M86>

JV- <https://gameday.jasonsdeli.com/app/events/39WHRY9EVY>

Freshman- <https://gameday.jasonsdeli.com/app/events/DC2R7TTDA2>

For game day meal questions please email Coach Hardy who oversees this. George.Hardy@leanderisd.org

Volunteers Needs for the Upcoming Weeks:

We are asking parents to help serve a minimum of 2hrs throughout the season to help out. Below you will find the sign-up genius link to many of our various events this week.

9/18/2024 Homecoming Trailer Decorating Help (SignUpGenius will be posted Monday)

10/10/2024 Sub-Varsity Concessions <https://www.signupgenius.com/go/9040444ABA628A3FF2-50909387-2024>

10/10/2024 Sub-Varsity Game Chains <https://www.signupgenius.com/go/4090F4AAEAD2CA4F94-50914797-2024>

10/13/2024 Coaches Weekend Game Planning Lunch
<https://www.signupgenius.com/go/9040444ABA628A3FF2-50678652-lunch>

Trunk or Treat Prep:

We are excited about this year's Trunk or Treat Event coming up on Wednesday, Oct. 30th from 5:30 pm to 7:30 pm. This event is a fun community builder that takes place on the VRHS campus in the B Student Parking lot. ***Candy Bag Donations*** – If you are able. We are looking for candy bag donations for this Trunk or Treat Event. Please add a bag to your grocery list. Players can drop bags off in the field house by the coach's office. Thank you for your support of this special community event.

Varsity Team Dinner this Thursday (Varsity Only Event):

Varsity Team Dinners for 2024 Season:

For our varsity team dinners, we collect \$5 from each varsity player to help offset the costs of the team dinner. Please click this link <https://form.jotform.com/232057638763160> to pay for your son's full season of varsity team dinners. You can also pay week to week. These dinners occur the day before the varsity football game and are a player favorite. If you have any questions or would like to **sponsor a varsity team meal**, please email vistaridgevarsitymeals@gmail.com

Team Communication App

*This season we will continue to utilize a team app for our team communication and announcements. (**sportsYou app**) This app will give access to parent/player weekly agendas and team information for parents/guardians/& players. Attached is a [link to details of how to join either on a device or through your desktop computer](#).

sportsYou Code: **5YZMMH22**

Football Weekly Agenda (10-7), vs McNeil HS

Monday (Family)

(OL Locker Room/Cafeteria)

Before School:

5:20am JV/VAR Players Report

5:35am JV/VAR Team Meeting, OFF/DEF Scouting Report (15 Min)

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:15am 9th Report

7:30am 9th Weights, Practice

Athletic Period:

9th - continue practice, RT: Large Study Hall

VAR - Weights / FB – Shell (Grass)

JV - FB Special Teams/Team (Grass) / Weights

Study Hall – Large SH

After School:

3:45pm VAR Special Teams SR Meeting (Small SH)

3:55pm VAR Position Meetings/Film Study, 4:30pm End

Tuesday (Character)

(DL Locker Room/Cafeteria)

Before School:

5:30am JV/VAR Players Report
6:00am JV/VAR Full Pads Practice & Special Teams (Turf)
7:15am 9th Report
7:30am 9th Practice

Athletic Period:

9th - continue practice, RT: Study Hall, Academic Check In
JV/VAR – Pract. FB & Special Teams - Shell (Turf)
Study Hall – Large SH

After School:

3:50pm VAR Position Meetings/Film Study, Academic Check In, 4:30pm End
*Letter Jacket Order Forms Collected (Varsity Only) - Small Study Hall after school with Herff Jones

Wednesday (Toughness)

(LB/H/TB/QB Locker Room/Cafeteria)

*Sub-Varsity Game Day Sandwich Deadline Orders Due

Before School:

7:15am 9th Report
7:30am 9th Weights / Practice

Athletic Period:

9th - continue practice, RT: Study Hall
VAR - Weights / FB - Shell (Grass)
JV - FB Team & ST (Grass) / Weights
Study Hall – Large SH

After School:

4:00pm JV/VAR Shell Practice & ST, Winning Edge
Post Pract: Specialties, JV Equipment Ck & Jersey Issue

Thursday (Relentless Effort)

(DB/Sams Locker Room/Cafeteria)

*Varsity Game Day Sandwich Deadline Orders Due

8:00am 9th Report
8:15am 9th Game Day Walk Throughs (Turf)/Equipment Cks/Jersey Issue

Athletic Period:

9th - continue practice, RT: Study Hall
JV – Game Day Walk Throughs (Grass)/Equipment Issues
VAR – Specialties/Game Day Pregame Routine/Play the Game Script (Turf)
Study Hall – Large SH

After School:

4:05pm VAR Team Meeting (Lecture Hall), Teacher Letters, Game Goals OFF/DEF
VAR Team Meal, [\\$5 VAR Dinner Link](#) – Study Hall, Birthdays, Support Sub-Varsities
5:00pm 9th Black vs McNeil @ Ranger Std
7:00pm 9th Red vs McNeil @ Ranger Std
6:00pm JV Red vs McNeil @ McNeil HS

Friday (Payday) PEP RALLY- Black Light

(WR Locker Room/Cafeteria)

Before School

7:45am Varsity Report & Pack Travel Bags/Load Trailer
8:00am 9th Report

Athletic Period

9th AP: Weights & Film Study
9th Study Hall: Cafeteria
No Ranger Time
JV: Hard Hat Ceremony/Yoga/Weights/Film Study/Clean Locker Room/Jersey Hang Ups
VAR: Velo. Lift/ST Meeting/Off. Walk Through/Def.

V/JV SH – Large SH

After School

*See Game Day Agenda

Saturday

Player Treatments – 9 am