

Rangers Nation,

What a thrilling come from behind Homecoming victory this past Friday night. Thank you to everyone's support for the players and team on such a special night. We are proud of the work all of our teams are putting in and we are seeing the improvements. This week we look to strap it up against Vandegrift. The game times and week's agenda are listed below.

A special thank you to the Booster Club and all the volunteers who made last week so special for the guys. Between the parade, sub-varsity games, varsity team dinner, and HOCO Friday night we appreciate all you do for the program.

Thursday Games:

5:00pm 9th Black vs Vandegrift @ Monroe Stadium, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

7:00pm 9th Red vs Vandegrift @ Monroe Stadium, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

5:00pm JV Black vs Vandegrift @ Ranger Std, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

7:00pm JV Red vs Vandegrift @ Ranger Std, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

Friday Game:

7:00pm VAR vs Vandegrift @ Monroe Stadium, Ticket sales available online (LISD Athletics) at 8 am Monday morning.

*Please note:

Varsity Ticket Information: Spectators will need to select the visitor ticket option. Please purchase tickets prior to arrival and arrive early to avoid missing any of the action. Arriving at and leaving Monroe Stadium can be very time consuming because of the congestion. Please plan accordingly.

Website: [LISD Tickets](#), Remember you will have to go to Vandegrift and then select a visitor ticket.

Presale: Monday, 9-23-24 8:00 AM to Friday, 9-27-24 4:20 PM

We anticipate the Monroe home side selling out, because of that LISD has put a passcode protection on the visitor tickets until 4:20 PM on game day. You will need the passcode in order to purchase tickets. **Please share this information only with the Vista Ridge community, please don't share it on social media.**

PRESALE PASSCODE: VRHS2003

This week's practice times are listed below in the week's agenda. We need everyone to be in attendance and on time.

Blessings on your week.

Go Rangers!!!

Coach Scott & Staff

Player Game Day Meals:

Player game day meals are live. Here are the game day meal links for the season for Jason's Deli. If you would like to take advantage of this game day meal option please click the appropriate link below. Please remember Jason's Deli requires that the orders be placed 24 hours in advance.

Varsity- <https://gameday.jasonsdeli.com/app/events/96CXN65M86>

JV- <https://gameday.jasonsdeli.com/app/events/39WHRY9EVY>

Freshman- <https://gameday.jasonsdeli.com/app/events/DC2R7TTDA2>

For game day meal questions please email Coach Hardy who oversees this. George.Hardy@leanderisd.org

Volunteers Needs for the Upcoming Weeks:

We are asking parents to help serve a minimum of 2hrs throughout the season to help out. Below you will find the sign-up genius link to many of our various events this week.

9/18/2024 Homecoming Trailer Decorating Help (SignUpGenius will be posted Monday)

9/26/2024 Sub-Varsity Concessions <https://www.signupgenius.com/go/9040444ABA628A3FF2-50909387-2024>

9/26/2024 Sub-Varsity Game Chains <https://www.signupgenius.com/go/4090F4AAEAD2CA4F94-50914797-2024>

Varsity Team Dinner this Thursday (Varsity Only Event):

Varsity Team Dinners for 2024 Season:

For our varsity team dinners, we collect \$5 from each varsity player to help offset the costs of the team dinner. Please click this link <https://form.jotform.com/232057638763160> to pay for your son's full season of varsity team dinners. You can also pay week to week. These dinners occur the day before the varsity football game and are a player favorite. If you have any questions or would like to **sponsor a varsity team meal**, please email vistaridgevarsitymeals@gmail.com

Team Communication App

*This season we will continue to utilize a team app for our team communication and announcements. (**sportsYou app**) This app will give access to parent/player weekly agendas and team information for parents/guardians/& players. Attached is a [link to details of how to join either on a device or through your desktop computer](#).

sportsYou Code: **5YZMMH22**

Football Weekly Agenda (9-23), vs Vandegrift HS

Monday (Family)

(OL Locker Room/Cafeteria)

5:20am JV/VAR Players Report

5:35am JV/VAR Team Meeting, OFF/DEF Scouting Report (15 Min)

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

8:00am JV/VAR Parent Pick Up

*9th Grade Only Off – No Practice (9th Practices will resume on Tuesday)

Teacher/Staff Inservice

Tuesday (Character)

(DL Locker Room/Cafeteria)

Before School:

5:30am JV/VAR Players Report

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:15am 9th Report

7:30am 9th Practice

Athletic Period:

9th - continue practice, RT: Study Hall, Academic Check In

JV/VAR – Pract. FB & Special Teams - Shell (Turf)

Study Hall – Large SH

After School:

3:45pm VAR Special Teams SR, Position Meetings/Film Study, Academic Check In, 4:30pm End

Wednesday (Toughness) (LB/H/TB/QB Locker Room/Cafeteria)

*Sub-Varsity Game Day Sandwich Deadline Orders Due

Before School:

7:15am 9th Report

7:30am 9th Weights / Practice

Athletic Period:

9th - continue practice, RT: Study Hall

VAR - Weights / FB - Shell (Grass)

JV - FB Team & ST (Grass) / Weights

Study Hall – Large SH

After School:

4:00pm JV/VAR Shell Practice & ST, Winning Edge

Post Pract: Specialties, JV Equipment Ck & Jerseys Issue

Thursday (Relentless Effort) (DB/Sams Locker Room/Cafeteria)

*Varsity Game Day Sandwich Deadline Orders Due

8:00am 9th Report

8:15am 9th Game Day Walk Throughs (Turf)/Equipment Cks/Jersey Issue

Athletic Period:

9th - continue practice, RT: Study Hall

JV – Game Day Walk Throughs (Grass)/Equipment Issues

VAR – Specialties/Game Day Pregame Routine/Play the Game Script (Turf)

Study Hall – Large SH

After School:

4:05pm VAR Team Meeting (Lecture Hall), Teacher Letters, Game Goals OFF/DEF

VAR Team Meal, [\\$5 VAR Dinner Link](#) – Study Hall, Birthdays, Support Sub-Varsities

5:00pm 9th Black vs Vandegrift @ Monroe Stadium

7:00pm 9th Red vs Vandegrift @ Monroe Stadium

5:00pm JV Black vs Vandegrift @ Ranger Std

7:00pm JV Red vs Vandegrift @ Ranger Std

Friday (Payday) (WR Locker Room/Cafeteria)

Before School

7:45am Varsity Report & Pack Travel Bags/Load Trailer

8:00am 9th Report

Athletic Period

9th AP: Weights & Film Study

9th Study Hall: Cafeteria

Ranger Time – Study Hall

JV: Hard Hat Ceremony/Yoga/Weights/Film Study/Clean Locker Room/Jersey Hang Ups

VAR: Velo. Lift/ST Meeting/Off. Walk Through/Def.

V/JV SH – Large SH

After School

*See Game Day Agenda

Saturday

Players Off – No Practice

VAR Treatments – by appt. only * See Coach Carrillo or Munoz after the game

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Looking Ahead: Bye Week

Monday Bye Week

(OL Locker Room/Cafeteria)

*No VAR/JV/9th Practice before school

Before School:

8:00am 9th Arrive - Weights/Yoga

Athletic Period:

9th - continue Weights/Yoga, RT: Cafeteria

VAR/JV – Weights/Game Film Study

JV/VAR Study Hall: Large Study Hall

After School:

*No After School Practice VAR/JV/9th