

## **Ranger Nation,**

**Thank you to everyone who was able to come out and support the Rangers this past Thursday at Gupton Stadium in our scrimmage against East View. The guys continue to put in the work needed to improve week to week. We are set to start the season with our first week's opponent, Killeen HS. Sub-varsity games against Killeen will be on Thursday and the varsity game will be on Friday night. Game times and locations can be found below.**

### Thursday Games:

5:30pm 9th Black vs Killeen @ Leo Buckley Stadium (Ticket Details Still Come)

7:00pm 9th Red vs Killeen @ Leo Buckley Stadium (Ticket Details Still Come)

5:00pm JV Black vs Killeen @ Ranger Std, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

7:00pm JV Red vs Killeen @ Ranger Std, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

### Friday Game:

7:00pm VAR vs Killeen @ Leo Buckley Stadium, (Ticket Details Still Come)

## **Player Game Day Meals:**

**Player game day meals are live and can be ordered. Here are the game day meal links for the season for Jason's Deli. If you would like to take advantage of this game day meal option please click the appropriate link below. Please remember Jason's Deli requires that the orders be placed 24 hours in advance.**

**Varsity-** <https://gameday.jasonsdeli.com/app/events/96CXN65M86>

**JV-** <https://gameday.jasonsdeli.com/app/events/39WHRY9EVY>

**Freshman-** <https://gameday.jasonsdeli.com/app/events/DC2R7TTDA2>

**For game day meal questions please email Coach Hardy who oversees this. [George.Hardy@leanderisd.org](mailto:George.Hardy@leanderisd.org)**

**This week's practice times are listed below in the week's agenda. We need everyone to be in attendance and on time for practices. We have a great game plan for Killeen and are excited to get going on Monday morning.**

## **Please Help by Signing Up to Volunteer for this Week's Upcoming Events:**

**We are asking parents to help serve a minimum of 2hrs throughout the season to help out. Below you will find the sign-up genius link to many of our events this week. Please take time to look them over and consider signing up to help. We would love to have a couple of hours of concession help from each football family. This is one of our hardest roles to fill and one of our biggest money makers.**

8/29/2024 Sub-Varsity Concessions <https://www.signupgenius.com/go/9040444ABA628A3FF2-50909387-2024>

8/29/2024 Sub-Varsity Game Chains <https://www.signupgenius.com/go/4090F4AAEAD2CA4F94-50914797-2024>

## **Football Team Community Service:**

### **"Peanut Butter Bowl"**

**Our program, along with Killeen HS, will be collecting jars of peanut butter to help support those less fortunate in the community. After our games against Killen, our jars of peanut butter will be picked up and donated to Hope Austin. The Peanut Butter Bowl, as it will be called, will pit us against Killeen HS in**

donating the most jars of peanut butter. Donations can also be made online through their website [www.PeanutButterBowl.com](http://www.PeanutButterBowl.com). For every \$10 donated, Vista Ridge will get credit for 5 jars of peanut butter. Please consider adding another jar of peanut butter to the grocery list and sending it in with your child to practice. Jars of peanut butter will be collected outside the locker rooms in the athletic hallway. Thank you for supporting this initiative to help those in need.

## **Varsity Team Dinners (Varsity Only Event):**

### **Varsity Team Dinners for 2024 Season:**

For our varsity team dinners, we collect \$5 from each varsity player to help offset the costs of the team dinner. Please click this link <https://form.jotform.com/232057638763160> to pay for your son's full season of varsity team dinners. These dinners occur the day before the varsity football game and are a player favorite. If you have any questions or would like to sponsor a varsity team meal, please email [vistaridgevarsitymeals@gmail.com](mailto:vistaridgevarsitymeals@gmail.com)

## **Player Game Day Polos:**

Game Day Polos are required for each player to wear on their specific game day. There is a sub varsity polo and a varsity polo.

**Deadline to order:** Purchase link closes September 13

**Delivery:** Orders will be given to coaching staff to be distributed to boys before the first game during athletic period or as your order is placed.

<https://vistaridgefootball.com/game-day-shirts/>

## **Dads and Decals (Varsity Only Event):**

\*Varsity - [Dads and Decals Event](#), Thursday, 8/29 @ 4:15pm (Team Meeting, Guest Speaker, Food, Decals, Large Athletic Study Hall)

Dads, feel free to arrive when you can. You are welcome to attend from 4:15pm until we finish stickering up the helmets. Arriving later than 4:15pm is just fine.

Enjoy the week.

Go Rangers!

Coach Scott & Staff

\*This season we will continue to utilize a team app for our team communication and announcements. (**sportsYou app**) This app will give access to parent/player weekly agendas and team information for parents/guardians/& players. Attached is a [link to details of how to join either on a device or through your desktop computer](#).

sportsYou Code: **5YZMMH22**

### **Football Weekly Agenda (8-26), vs Killeen HS**

#### **Monday (Family)**

(OL Locker Room/Cafeteria)

#### **Before School:**

5:20am JV/VAR Players Report

5:45am JV/VAR Scouting Report

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:15am 9<sup>th</sup> Report (Please note that we had to adjust the report time by 15 min to be sure we have access to the cafeteria after practice for breakfast)

7:30am 9<sup>th</sup> Weights, Practice

**Athletic Period:**

9<sup>th</sup> - continue practice, RT: Gym 9<sup>th</sup> Class Meetings

VAR - Weights / FB Shell – Grass

JV - FB Special Teams/Team - Grass / Weights

Study Hall – Large SH

**After School:**

3:45pm VAR Special Team Meeting (Small SH)

4:00pm VAR Team Meeting (Large Study Hall), 4:30pm End

\*VRHS Open House 6:30pm

**Tuesday (Character)**

(DL Locker Room/Cafeteria)

**Before School:**

5:30am JV/VAR Players Report

6:00am JV/VAR Full Pads Practice & Special Teams

7:15am 9<sup>th</sup> Report

7:30am 9<sup>th</sup> Practice

**Athletic Period:**

9<sup>th</sup> - continue practice, RT: Study Hall, Academic Check In

JV/VAR – Pract. FB & Special Teams Shell - Turf

Study Hall – Large SH

**After School:**

3:50pm VAR Position Meetings/Film Study, 4:30pm End

**Wednesday (Toughness)**

(LB/H/TB/QB Locker Room/Cafeteria)

\*Sub-Varsity Game Day Sandwich Deadline Orders Due by 5pm

**Before School:**

7:15am 9<sup>th</sup> Report

7:30am 9<sup>th</sup> Weights, Practice

**Athletic Period:**

9<sup>th</sup> - continue practice, RT: Study Hall

VAR - Weights / FB Shell – Grass

JV - FB Team & ST - Grass / Weights

Study Hall – Large Study Hall

**After School:**

4:00pm JV/VAR Shell Practice (Turf), Winning Edge, Post Pract: Specialties

**Thursday (Relentless Effort)**

(DB/Sams Locker Room/Cafeteria)

8:00am 9<sup>th</sup> Report

8:15am Game Day Walk Throughs (Turf) / Equipment Cks/Jerseys

**Athletic Period:**

9<sup>th</sup> - continue practice, RT: Study Hall

JV – Equipment Ck/Game Day Walk Throughs (Grass)/Jerseys

VAR – Specialties/Game Day Pregame Routine/Play the Game Script (Turf)

Study Hall – Large SH

**After School:**

4:15pm [Dads & Decals](#) VAR Team Meeting (Large Study Hall), Teacher Letters, Guest Speaker, Game Goals OFF/DEF, Support Sub-Varsities

5:30pm 9th Black vs Killeen @ Leo Buckley Stadium

7:00pm 9th Red vs Killeen @ Leo Buckley Stadium

5:00pm JV Black vs Killeen @ Ranger Std

7:00pm JV Red vs Killeen @ Ranger Std

**Friday (Payday)**

(WR Locker Room/Cafeteria)

\*Pep Rally Schedule

**Before School**

7:45am Varsity Report & Pack Travel Bags/Load Trailer, Pep Rally

8:00am 9<sup>th</sup> Report

**Athletic Period**

9<sup>th</sup> AP: Weights & Film Study

9<sup>th</sup> Study Hall: Cafeteria

Ranger Time – Study Hall (Commitment)

JV: Hard Hat Ceremony/Yoga/Weights/Film Study/Clean Locker Room

VAR: Velo Lift/ST Meeting/Off. Walk Through/Def. B & Alignment (Then Switch)

V/JV SH – Study Hall

**After School**

\*See Game Day Agenda

**Saturday**

Players Off – No Practice