Rangers Nation,

Our staff appreciates everyone coming out to support all of our teams last week. I am so proud of how hard our players fought on each team. We are looking forward to getting back to work to prepare for Round Rock High School this week. We want our sub-varsities to work hard and finish strong this week. Our varsity has a great opportunity to extend their season. Let's go Rangers!! A chance to earn a spot in the 6A State Playoffs. Round Rock has all their teams, so we are good with the original schedule. This week because of some potential weather concerns, we will be moving Monday and Tuesday practices for JV/Varsity to the afternoons. Please see details in the agenda below. Thank you for your flexibility with this.

*Round Rock Week Thursday, 11/2 (9th & JVs)

5:00pm 9th Black vs RRHS @ Dragon Stadium, (<u>RRISD Ticket Link</u>)
7:00pm 9th Red vs RRHS @ Dragon Stadium, (<u>RRISD Ticket Link</u>)
5:00pm JV Black vs RRHS @ Ranger Stadium, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.
7:00pm JV Red vs RRHS @ Ranger Stadium, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

7pm Friday 11/3 Varsity vs Round Rock @ Dragon Stadium, (RRISD Ticket Link)

UIL/LISD Spectator Expectations:

I wanted to take a moment and share our coaching staff's appreciation for each of the Ranger Nation fans and all the support and encouragement that is displayed on a weekly basis for your sons and for the program. Our goal is to teach each athlete the many life lessons this great game can teach us and be the class of the district. One of the life lessons we hope to teach is how to respond with class when confronted with adverse situations. As we teach the players how to handle this the right way our staff is asking that you partner with us. We do teach our players that no one always gets it right, but we can all work to improve on it. On Thursday night I was able to call Coach Sanders from Vandegrift and we discussed some of the things that we each saw and heard from both sides of the field and stands. I am attaching a link to couple pages of the <u>UIL Parent Information Handbook</u> that discusses player and spectator expectations and conduct to help remind us all of our responsibility in this mission. Again, thank you for your continued support of Ranger Football.

Player Game Day Meals:

Player game day meals are live and can be ordered. Please see details of how to order and the options on the link to our booster club website. <u>Game Day Meals Order Link</u> Please note that the deadline for meal orders is Tuesday by 5:00 pm. For game day meal questions please email Coach Hardy who oversees this. <u>George.Hardy@leanderisd.org</u>

<u>Please Help by Signing Up to Volunteer for this Week's Upcoming</u> <u>Events:</u>

We are asking parents to help serve a minimum of 2hrs throughout the season to help out. Below you will find the sign-up genius link to many of our events this week. Please take time to look them over and consider signing up to help. We would love to have a couple of hours of concession help from each football family. This is one of our hardest roles to fill and one of our biggest money makers. Thank you to everyone who has served.

11/1/2023 or 11/2/2023 Decorate 9th/JV or Varsity Boys Locker Room <u>https://www.signupgenius.com/go/9040444ABA628A3FF2-vrspirit</u>

11/2/2023 JV Concessions <u>https://www.signupgenius.com/go/9040444ABA628A3FF2-subvarsity2</u> (We continue to need help with concessions. Please consider signing up.)

11/2/2023 JV Chains https://www.signupgenius.com/go/70A0D45AAA92CA7FE3-vista

11/3/2023 Varsity Tunnel Crew https://www.signupgenius.com/go/9040444ABA628A3FF2-tunnel

Varsity Team Dinners (Varsity Only Event):

Varsity Team Dinners for 2023 Season:

For our varsity team dinners, we collect \$5 from each varsity player to help offset the costs of the team dinner. This year we are asking parents to pay for their son's varsity team meal on the booster club website. Please click this link (Varsity Team Dinner Payment) to pay for your son's full season of varsity team dinners if you have not done so already. Scroll down to varsity dinners on the website. These dinners occur the day before the varsity football game and are a player favorite. If you have any questions or would like to sponsor a varsity team meal, please email vistaridgevarsitymeals@gmail.com

Upcoming Event

Trunk or Treat event on Monday, October 30th. Thank you for all the candy donations. Our booster club and players are excited to be part of this event. Set up for this event starts at 4:30pm and the event runs from 5:30pm to 7:30pm. Trunk or Treat is also collecting canned goods to help support families in need over the holidays. Because of a change to JV/Var practice to the afternoon we would like for as many of our 9th grade players to help set up and volunteer to help with our Trunk or Treat spot for football. (These volunteers would be running the games and handing out candy at the event). We will ask the 9th graders during athletics on Monday if they can help with this.

Blessings on your week!

Go Rangers!

Coach Scott & Staff

Football Weekly Agenda (10/30) vs Round Rock Week

Monday (Family)

(OL Locker Room/Cafeteria/Doors)

Before School:
No JV/VAR morning practice/Report at normal school start time
7:00am 9th Report
7:30am 9th Weights / Practice
Athletic Period:
9th - continue practice, RT: Cafeteria
VAR/JV – Scouting Reports & Team Meeting & Pract. FB & Special Teams Shell – Turf
Study Hall – Large Study Hall
After School:
4:05pm JV/VAR Full Pads Practice & ST (Turf)
*Trunk or Treat 5:30pm to 7:30pm

Tuesday (Character)

(DL Locker Room/Cafeteria/Doors)

*Game Day Sandwich Deadline Orders Due by 5pm
Before School:
No JV/VAR morning practice/Report at normal school start time
7:00am 9th Report
7:30am 9th FB Practice
Athletic Period:
9th - continue practice, RT: Cafeteria, Academic Check In
JV/VAR – Pract. FB & Special Teams (Shell) – Turf
Study Hall – Large SH
After School:
4:05pm JV/VAR Full Pads Practice & ST (Turf)
*6:30pm Home Volleyball Playoff Game at Vista Ridge (Come out to Support)

Wednesday (Toughness)

(LB/H/TB/QB Locker Room/Cafeteria/Doors)

Before School: 7:00am 9th Report (Johnson) 7:30am 9th Weights/Practice (Turf) Athletic Period: 9th - continue practice, RT: Cafeteria VAR – Weights / FB, Shell – (Grass) JV - FB Team & ST (Grass) / Weights Study Hall – Large Study Hall <u>After School:</u> 4:05pm JV/VAR Shell Practice & ST (Turf), Winning Edge Post Pract: Specialties

Thursday (Relentless Effort)

(DB/Sams Locker Room/Cafeteria/Doors)

Before School:

8:00am 9th Players Report

Athletic Period: 9th – Game Day Walk Throughs/Jerseys (Turf) RT: Cafeteria JV – Game Day Walk Throughs (Grass)/Jerseys VAR – Play the Game Script (Turf)

After School

4:05 pm VAR Team Meeting (Lecture Hall), Teacher Letters, Game Goals OFF/DEF 4:45pm VAR Team Dinner – Study Hall - \$5 Payment Due for Varsity or online on the BC Website, Support Sub-Varsities

5:00pm 9th Black vs RRHS @ Dragon Stadium, (<u>RRISD Ticket Link</u>)
7:00pm 9th Red vs RRHS @ Dragon Stadium, (<u>RRISD Ticket Link</u>)
5:00pm JV Black vs RRHS @ Ranger Stadium, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.
7:00pm JV Red vs RRHS @ Ranger Stadium, Ticket sales available online (LISD Athletics) at 8 am the day of the game only.

Friday (Payday)(WR Locker Room/Cafeteria/Doors)Before School:7:45am Varsity Players Report: Load Bags, Checklist, Load Trailer8:00am 9th Players ReportAthletic Period:9th AP: Weights Red/Film Black then Switch

9th Study Hall: Cafeteria, RT: Cafeteria JV: Yoga/Weights/Film Study/Clean Locker Room VAR: Velo Lift/ST Meeting Off./Def Walk Through (Then Switch) Study Hall – Large SH <u>After School</u> *Players See Game Day Agenda *NO 9th/JV/VAR Practice

<u>Saturday</u>

9am Player Treatments Players Off