

Rangers Nation,

We are excited at the progress we are seeing from each team and can't wait to get back to work to correct some of the areas we can get better at. Thank you to everyone for your support at this past weeks games. There are a few adjustments for this week's schedule. Manor does not have JV Black and 9th Black teams. Please read the adjusted schedule below for these changes. Thanks again for your flexibility on this.

***Manor/Round Rock/Marble Falls Week (9th & JVs)**

Thursday 5:00pm JV Black vs Round Rock HS @ Ranger Stadium

Thursday 6:00pm JV Red vs Manor HS @ Manor HS Stadium

Thursday 5:00pm 9th Black vs Marble Falls HS @ Marble Falls HS Stadium

Thursday 7:00pm 9th Red vs Manor HS @ Ranger Stadium

Friday 7pm Varsity vs Manor HS @ Gupton Stadium

As you may know the month of October is Breast Cancer Awareness Month. October is the month we try to raise awareness about the impact of breast cancer on our community. Many of our players have family members or friends who have been affected by breast cancer. Our players have been given the option of filling out a Google form on the football Google classroom to honor a friend or family member who has been impacted. These individuals will be honored on the jumbotron of our home varsity game against Manor. We are also allowing our players to wear pink the remainder of October and asking them to make a small donation in order to do so.

On another note, we are beginning to prepare for our up coming Trunk or Treat event on Tuesday, October 25th. We are asking anyone who can help to donate a bag of candy for the event. Our booster club is working on a carnival theme and we are excited to be part of this event.

Blessings on your week!

Go Rangers!

Coach Scott & Staff

Football Weekly Agenda (10/17) vs Manor/Round Rock/Marble Falls Week

Monday (Family)

(OL Locker Room/Cafeteria/Doors)

Before School:

5:30am JV/VAR Players Report

5:45am JV/VAR Scouting Report

6:00am JV/VAR Full Pads Practice & Special Teams (Turf)

7:00am 9th Report

7:30am 9th Practice

Athletic Period:

9th - continue practice

VAR - Weights / FB Shell – Grass

JV - FB Team - Grass /Weights

Study Hall/Ranger Time: Cafeteria

After School:

3:50pm VAR Special Team Meeting (Small SH)

4:00pm VAR Team Meeting (Large Study Hall)

Tuesday (Character)

(DL Locker Room/Cafeteria/Doors)

5:30am JV/VAR Players Report

6:00am JV/VAR Full Pads Practice & Special Teams (Turf) – Full Pads

7:00am 9th Report

7:30am 9th Practice

Athletic Period:

9th - continue practice

JV/VAR – Pract. FB & Special Teams Shell – Turf

9th & JV/VAR Study Hall/RT: Cafeteria, Academic Check In

After School:

3:50pm VAR Position Meetings/Film Study

Wednesday(Toughness)

(LB/H/TB/QB Locker Room/Cafeteria/Doors)

Before School:

7:00am 9th Report

7:30am 9th Practice

Athletic Period:

9th - continue practice

VAR - Weights / FB – Grass

JV - FB Team & ST Grass / Weights

9th & JV/VAR Study Hall/RT: Cafeteria

After School:

4:00pm JV/VAR Shell Practice & ST (Turf), Winning Edge, Specialties

Thursday (Relentless Effort)

(DB/Sams Locker Room/Cafeteria/Doors)

Before School:

8:00am 9th Players Report

Athletic Period:

9th – Game Day Walk Throughs (Turf)/Helmet & Equipment Cks/Jerseys

JV – Helmet Ck/Game Day Walk Throughs (Grass)/Jerseys

VAR – Specialties/Play the Game Script (Turf)

9th & JV/VAR Study Hall/RT: Cafeteria, Players can portal out

After School

4:05pm VAR Team Meeting (Lecture Hall)

VAR Team Meal – Courtyard, \$5, Birthdays, Support Sub-Varsities

Thursday 5:00pm JV Black vs Round Rock HS @ Ranger Stadium

Thursday 6:00pm JV Red vs Manor HS @ Manor HS Stadium

Thursday 5:00pm 9th Black vs Marble Falls HS @ Marble Falls HS Stadium

Thursday 7:00pm 9th Red vs Manor HS @ Ranger Stadium

Friday (Payday)

(WR Locker Room/Cafeteria/Doors)

Before School

7:05am Varsity Elementary School Visits

8:00am 9th Arrive

Athletic Period

9th AP: Weights / Film Study

9th Study Hall: Cafeteria

JV: Yoga/Weights/Film Study/**Clean Locker Room**

VAR: Velo Lift/ST Meeting then Hard Hat Ceremony/Off. Walk Through/Def. Helmet ck & Travel Bags,
Pants, Trailer

9th & JV/VAR Study Hall/RT: Cafeteria

After School

*See VAR Game Day Agenda

Saturday

9am Player Treatments (Sign-Up Genius Only)

Players Off