

Rangers Nation,

We hope everyone had a chance to catch their breath and enjoy a small pause in the season. We are excited about our homecoming week. Please join us for our community parade and pep rally on Wednesday, followed by an amazing fireworks display at Gupton Stadium. Thank you to the Booster Club for making this event possible. We are still collecting candy bags in the athletic office for this event. Please have your favorite Ranger drop it off in the athletic office if you are able to donate a bag. There are a couple different things this week that we want to highlight. Varsity and JV will practice on Monday at 6:00 am. We need all our JV and Varsity athletes to attend this mandatory practice. Our 9th graders will be off on Monday and will not practice. The 9th graders will resume their normal schedule on Tuesday. In addition, McNeil has notified us that they only have one JV team, so we were able to schedule our JV Black team a game against Round Rock HS who was in a similar situation. That game will be played at Dragon Stadium at 5:00 pm. Please see the rest of the agenda details below.

*We have had multiple grade check ins with the players this past week and many of them have attended tutorials and have retaken tests and turned in late assignments. Please help us encourage each athlete to continue to monitor grades as teachers finalize grade Tuesday morning.

*McNeil Week (9th & JVs)

5:00pm JV Black vs RRHS @ RRHS Dragon Stadium

6:00pm JV Red vs McNeil HS @ MHS Stadium

5:00pm 9th Black vs McNeil HS @ Ranger Stadium

7:00pm 9th Red vs McNeil HS @ Ranger Stadium

7pm Varsity vs McNeil (Homecoming) @ Gupton Stadium

Blessings on your week!

Go Rangers!

Coach Scott & Staff

Football Weekly Agenda (9/19) vs McNeil Week

Monday (Family)

(OL Locker Room/Cafeteria/Doors)

Before School:

5:30am JV/VAR Players Report

5:45am JV/VAR Scouting Report (10 Min)

6:00am JV/VAR Full Pads Practice & Special Teams

****No 9th Practice, 9th Players off**

8:00am Staff Inservice

3:00pm VAR Lift / VAR Special Teams Scouting Report Meeting / VAR Film Study

Tuesday (Character)

(DL Locker Room/Cafeteria/Doors)

5:30am JV/VAR Players Report

6:00am JV/VAR Full Pads Practice & Special Teams (Turf) – Full Pads

7:00am 9th Report

7:30am 9th Practice

Athletic Period:

9th - continue practice

JV/VAR – Pract. FB & Special Teams Shell – Turf
9th & JV/VAR Study Hall/RT: Cafeteria, Academic Check In

After School:

3:50pm VAR Position Meetings/Film Study

Wednesday(Toughness)

(LB/H/TB/QB Locker Room/Cafeteria/Doors)

Before School:

7:00am 9th Report

7:30am 9th Practice

Athletic Period:

9th - continue practice

VAR - Weights / FB – Grass

JV - FB Team & ST Grass / Weights

9th & JV/VAR Study Hall/RT: Cafeteria

After School:

4:00pm JV/VAR Shell Practice & ST (Turf), Winning Edge

*Homecoming Parade:

9th Arrive 5:30pm, Issue Jerseys, Mat Room Staging, Parade Expectations

VAR/JV, Post Practice Issue Jerseys, Study Hall Staging, Parade Expectations

6:30pm Parade Starts

Post Parade – Players back to VR Locker room to turn in jerseys.

Thursday (Relentless Effort)

(DB/Sams Locker Room/Cafeteria/Doors)

Before School:

8:00am 9th Players Report

Athletic Period:

9th – Game Day Walk Throughs (Turf)/Helmet & Equipment Cks/Jerseys

JV – Helmet Ck/Game Day Walk Throughs (Grass)/Jerseys

VAR – Specialties/Play the Game Script (Turf)

9th & JV/VAR Study Hall/RT: Cafeteria, Players can portal out

After School

4:05pm VAR Team Meeting (Lecture Hall)

VAR Team Meal – Study Hall \$5, Birthdays, Support Sub-Varsities

5:00pm JV Black vs RRHS @ RRHS Dragon Stadium

6:00pm JV Red vs McNeil HS @ MHS Stadium

5:00pm 9th Black vs McNeil HS @ Ranger Stadium

7:00pm 9th Red vs McNeil HS @ Ranger Stadium

Friday (Payday)

(WR Locker Room/Cafeteria/Doors)

Before School

7:05am Varsity Feeder Elementary School Visits

8:00am 9th Arrive

Athletic Period

9th AP: Weights / Film Study

9th Study Hall: Cafeteria

JV: Yoga/Weights/Film Study/**Clean Locker Room**

VAR: Velo Lift/ST Meeting then Hard Hat Ceremony/Off. Walk Through/Def. Helmet ck & Travel Bags, Pants, Trailer

9th & JV/VAR Study Hall/RT: Cafeteria

After School

*See Game Day Agenda

*Post Game: Optional FCA 5th Quarter after the game (Large Gym) Fellowship/Fun/Guest Speaker

Saturday

9am Player Treatments (Sign-Up Genius Only)

Players Off