

### ALL IN! IMPORTANT DATES

2020 6A BI-DISTRICT FINALISTS
2019 6A BI-DISTRICT FINALISTS
2016 6A BI-DISTRICT FINALISTS
2016 NATIONAL FOOTBALL
FOUNDATION TEX KASSEN
SPORTSMANSHIP AWARD
2015 5A STATE SEMI-FINALISTS
2014 DISTRICT 25-5A CHAMPS
2012 4A AREA FINALISTS
2010 4A AREA FINALISTS

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#### SPRING FOOTBALL CALENDAR

- Bring Water
- No parents a practice
- Fill out screener each day
- 9th-11th Practice
- 8th Invited

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## 9<sup>TH</sup> SPRING 7 ON 7 LEAGUE

- \*VHS & CPHS
- \*Incoming 9th Only
- \*April 28, May 5, 12
- \*6pm-8pm
- \*\$30 2 Shirts



# PHYSICAL INFORMATION

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# Ranger 7 on 7 Tournaments

- \*Varsity Only
- \*DB,QB,RB,WR
- \*May 15 Westwood
- \*May 22 Lake Travis
- \*June 11 Westlake
- \*June 25 State, College Station
- \*State Championship Tournament
- \*Sponsorship Opportunities
- Coach Wilgoren





### **Spring Football Game**

- Thursday, May 20th, 7pm
- Youth Football Clinic TBA
- Family fun
- Food
- Admission is Free
- Gupton Stadium





## SUMMER WEIGHT & SPEED CAMP

- \*Starts June 7th
- \*10-12th Athletes, 8am-10am
- \*9th Athletes, 10:30am-12:30pm
- \*Monday-Thursday
- \*Strength, Core, Flexibility, Speed &
- **Agility Training, Football Skills**
- \*No Camp June 28-July 5









#### SUMMER 7 ON 7 LEAGUE

- \*LISD Cedar Park High School
- \*Incoming 9th, JV, Varsity
- \*One team per division
- \*Tuesday Nights-June 8, 15, 22
- \*V/JV/F 5:30pm to 7:30pm
- \*Players should arrive at 5pm
- \*Uniform
- \*Sponsorship Opportunities
- \*Coach Wilgoren



# RANGER FOOTBALL CAMPS

"THE DESIRE TO WIN IS USELESS, WITHOUT THE DESIRE TO PREPARE"





#### RANGER FOOTBALL CAMPS

#### FUTURE RANGER FOOTBALL CAMP II

- \*Students entering the 7th 9th Grade, 6pm 8pm, Monday-Thursday
- \*July 26– July 29
- \*Orientation and Teaching of Ranger FB Program, Skill Development in All Areas of FB

#### FUTURE RANGER FOOTBALL CAMP I

- \*Students entering the 1st 6th Grade, 8am to 10,
- **Monday Thursday**
- \*July 26- July 29
- \*Training and Skill Development in All Areas of Football

#### RANGER FOOTBALL PASSING CAMP

- \*Students entering the 6th -9th Grade, 6pm to 8pm,
- **Monday Thursday**
- \*June 14-17
- \*Specific Training for the Quarterback and Wide Receiver positions



# RANGER FOOTBALL TRAINING CAMP

- \*August 2<sup>nd</sup> for 9<sup>th</sup> Graders
- \*August  $9^{th}$  for  $10^{th} 12^{th}$
- \*Mandatory Attendance
- \*Bring Snacks
- \*No physical paperwork issues
- \*School Holidays







## MOMS, ARE YOU READY FOR SOME FOOTBALL?

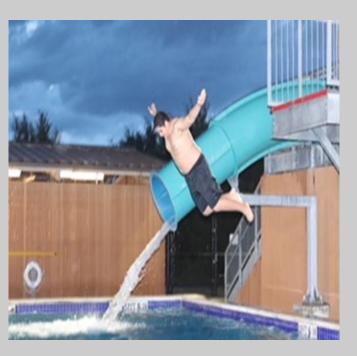
WHAT: RANGER MOMS CLINIC

WHEN: TUESDAY, AUGUST 3rd

WHERE: RANGER STUDY HALL

**5:45pm Refreshments 6pm Program Begins** 

Provided by Coach Vincent, Ranger Football Staff, and Coaching Families





#### RANGER FAMILY POOL PARTY

WHEN: TBA

WHERE: VETERANS POOL

\*MEET RANGER FAMILIES







#### **TEACHER WORK DAY**

WHEN: AUGUST 10<sup>TH</sup>

WHERE: VR, HMS, SMS, COX, REED, REAGAN, RUTLEDGE, FAUBION, AKIN

- \*Community Service Outreach
- \*Help teachers get ready for school
- \*Say thank you to former teachers







#### Freshmen Breakfast for Faculty

- \*August 11th, 7am
- \*First Impressions with Faculty
- \*Serve Faculty
- \*Freshmen Parents get involved
- \*Sing School Song
- \*Door Prizes



## WHAT: PARENT INFORMATION & UIL TRAINING

WHEN: 6:30 PM, MONDAY, AUG 16th

WHERE: VRHS Auditorium

\*Find out all information concerning game day shirts, pre-game meal plans, and UIL training.



### RALLY AT THE RIDGE

- \*Community Pep Rally
- \*Gupton Stadium
- \*Wednesday, August 18th
- \*7pm
- \*Performances by Band, Star Steppers, and Cheer



### Ranger Football Media Day August 20

6:45am V/JV Pictures

8:00am 9th Pictures

- \*Picture Packets will be available
- \*Need volunteers



# 2021 Ranger Football Schedules

- Varsity
- Junior Varsity Red
- Junior Varsity Black
- Freshman Red
- Freshman Black

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